Imaging detection of new HCCs in cirrhotic patients treated with different techniques: Comparison of conventional US, spiral CT, and 3-dimensional contrast-enhanced US with the Navigator technique (Nav 3D CEUS)


Gastroenterology and Hepatology Unit, Gugliemo da Saliceto Hospital, via Taverna 49, 29100 Piacenza, Italy

KEYWORDS
Hepatocellular carcinoma; Liver; Detection; SonoVue; Three-dimensional ultrasound; Contrast-enhanced ultrasound; Spiral CT.

Abstract
Introduction: The commercially available Navigator system® (Esaote, Italy) allows easy 3D reconstruction of a single 2D acquisition of contrast-enhanced US (CEUS) imaging of the whole liver (with volumetric correction provided by the electromagnetic device of the Navigator®). The aim of our study was to compare the efficacy of this panoramic technique (Nav 3D CEUS) with that of conventional US and spiral CT in the detection of new hepatic lesions in patients treated for hepatocellular carcinoma (HCC).

Materials and methods: From November 2006 to May 2007, we performed conventional US, Nav 3D CEUS, and spiral CT on 72 cirrhotic patients previously treated for 1 or more HCCs (M/F: 38/34; all HCV-positive; Child: A/B 58/14) (1 examination: 48 patients; 2 examinations: 20 patients; 3 examinations: 4 patients). Nav 3D CEUS was performed with SonoVue® (Bracco, Milan, Italy) as a contrast agent and Technos MPX® scanner (Esaote, Genoa, Italy). Sensitivity, specificity, diagnostic accuracy, and positive and negative predictive values (PPV and NPV, respectively) were evaluated. Differences between the techniques were assessed with the chi-square test (SPSS release-15).

Results: Definitive diagnoses (based on spiral CT and additional follow-up) were: 6 cases of local recurrence (LocRecs) in 4 patients, 49 new nodules >2 cm from a treated nodule (New-Nods) in 34 patients, and 10 cases of multinodular recurrence consisting of 4 or more nodules (NewMulti). The remaining 24 patients (22 treated for 1–3 nodules, 2 treated for >3 nodules) remained recurrence-free. Conventional US correctly detected 29/49 NewNods, 9/10 NewMultis, and 3/6 LocRecs (sensitivity: 59.2%; specificity: 100%; diagnostic accuracy: 73.6%; PPV: 100%; NPV: 70.1%). Spiral CT detected 42/49 NewNods plus 1 that was a false positive, 9/10 NewMultis, and all 6 LocRecs (sensitivity: 85.7%; specificity: 95.7%; diagnostic accuracy: 95.7%).
Introduction

Sensitive, reliable detection and precise localization and characterization of small hepatic lesions are the goals of modern radiological imaging [1] in patients with cirrhosis [2] or cancer [3,4]. Recent technological improvements, particularly in the field of magnetic resonance imaging (MRI), have allowed spatial reconstruction of the liver [2-4].

Three-dimensional (3D) imaging offers several recognized advantages, including its ability to determine the exact location of a lesion and its relation to neighboring structures and organs. (Assessment of the lesion’s continuity with these structures is particularly important for the study of infiltrating neoplastic lesions.) The 3D approach also provides more accurate measurements of lesion volume, which is helpful for assessing expanding liver tumors before and after treatment (percutaneous ethanol injection, injection of antitumor agents, radio-frequency ablation, shock-wave therapy, etc.) [5].

Spiral computed tomography (CT) [6] and MRI [2-4] are used for this purpose. These techniques provide contrast-enhancement (capable of revealing the arterial, portal, and late phases); high temporal resolution (associated with short acquisition times); high spatial resolution (use of thin layers between two-dimensional (2D) imaging sections, which helps reduce volume artifacts); and panoramic views (reconstruction of the whole liver in a breath-hold period) [2,3].

Three-dimensional ultrasonography (3D US) is a technique based on the reconstruction of consecutive 2D US scans in a three-dimensional space. It involves the acquisition of a series of 2D images and the creation of a volume data set, which can be interactively manipulated to display the region of interest from user-specified viewpoints and provide direct 3D images [7-10].

Our previous experience [11] showed that 3D US is useful for the detection of hepatocellular carcinoma (HCC). We demonstrated that it was possible to detect HCC using an US scanner (TECHNOS MPX®, Esaote, Italy) equipped with 3D software and a free-hand technique. The limitation was that the 3D reconstruction of the liver was dependent on the type of scan; in other words, the acquired volume was not corrected in the three-dimensional space. To eliminate this problem, we used an adapted form of the Navigator system® (Esaote, Italy) to obtain a continuous scan of the
entire liver. This image-fusion system was originally developed to provide real-time guidance for electrode insertion during radiofrequency thermal ablation (RFTA) of liver lesions based on a combination of US and CT information [12]. This scanning technique can be used with conventional and contrast-enhanced US (CEUS) (Navigator 3D CEUS®). The post-processing fusion technique consistently demonstrated precise overlap between the CT and US 3D reconstructions of the liver.

The aim of our study was to evaluate the performance of Navigator 3D CEUS® in the follow-up in cirrhotic patients who had undergone nonsurgical treatment for HCCs and to compare the results with those obtained with spiral CT (with multiple techniques).

Materials and methods

Patients

From 1 November 2006 through 30 April 2007, we followed 72 patients with HCV-related cirrhosis (38 males [mean age ± SD: 70.7 ± 10 years] and 34 females [74 ± 10 years]) who had been treated for HCC (1 nodule in 43 cases, 2 nodules in 6 cases, 3 nodules in 11 cases, and 4 or more nodules in the remaining 12 cases). According to the BCLC classification [13], 35 patients had early disease and 37 were classified as intermediate. Sixty-eight (94.4%) of the patients had been treated for HCC within 6 months preceding enrolment (27 with RFTA, including 17 with early and 10 with intermediate-stage tumors; 16 with percutaneous ethanol injection [PEI] [10 early, 14 intermediate]; and 16 with transarterial chemoembolization [TACE] [6 early, 10 intermediate]). The other 5 (6.9%) had been treated ≤ 12 months before enrolment (all 5 with RFTA). During the interval between treatment and enrolment in our study, all of the patients had been followed by our staff, and none had shown signs of local recurrence, new HCCs, or distant metastases. At the time of treatment, 64 patients were in Child class A (58 in 48 cases, A6 in B, and B in 8 cases); 8 were in Child class B (B7 in 6 cases, B in 2). During the 6-month follow-up, 58 patients were in Child class A (class A-5 in 32, class A-6 in 18), and 14 were in Child class B (B-7 in 8 cases, B-8 in 4, B-9 in 2).

Methods

Navigator 3D CEUS® (Nav 3D CEUS) was performed using a suspension of sulfur hexafluoride microbubbles in sterile saline (SonoVue®, Bracco, Italy) as the contrast agent. SonoVue® combines improved stability with favorable resonance behavior at low acoustic pressures. It allows minimally disruptive contrast-specific imaging at low mechanical indexes (MI) and effective investigations over several minutes with real-time visualization of the dynamic enhancement pattern [14].

Adapted software was used with the Navigator system® (Esaote, Genoa, Italy) to continuously scan the entire liver. The Navigator system® (Fig. 1) includes a computer with touch-screen monitor and a PCI Bird-type tracking system (Ascension technology — Degrees of freedom: Six [position and orientation]; Translation range, any direction: Standard transmitter 0–30 (76.2 cm); Angular range: All attitudes; Static accuracy standard sensor: 0.040 (1.0 mm) RMS position 0.15 degree RMS orientation). The system was coupled to an ultrasound scanner (Technos MPX®; Esaote, Genoa, Italy). The PCI bird is composed of an active sensor attached to the US probe and a passive sensor placed near the patient. The active sensor signals its spatial position and movements with reference to the passive sensor. Probe movements are recorded, and the 3D software inside the Navigator system® corrects the static 3D reconstruction obtained from the US scanning in comparison to probe movements (Fig. 2). The final result is an accurate spatial reconstruction of the volume that is independent of the type of 2D acquisition (Fig. 3).

This type of scanning can be used with both conventional and contrast-enhanced US techniques. The Navigator system® can also provide a volumetric reconstruction of the liver with CT scanning and compare US- and CT-reconstructed volumes using the fusion technique (Fig. 5). This technique involves superimposing each resliced layer of the US and CT volumes and displaying both on the monitor. The post-processing fusion technique has always demonstrated precise overlap between the CT and US 3D reconstructions of the liver (Fig. 4).

To facilitate 3D reconstruction of 2D CEUS images of the whole liver, the 2D acquisition is performed in real-time perpendicular to the long-axis of the liver, for a complete 2D image of its short axis (Fig. 3). Subsequent reconstructions of these planes show...
a rendered volume with a "parenchymal" aspect (Fig. 5) or with a "vascular" map (Fig. 6) of all the hepatic segments with an acquisition in the early arterial and portal phases.

3D Nav CEUS was performed on the same days as spiral CT/MRI. Follow-up was based on assessment of AFP levels and conventional US every three months and spiral CT and Nav 3D CEUS every six months. If AFP levels increased and/or US findings suggested local recurrence or new HCCs, Nav 3D CEUS was repeated after conventional US. During the 6-month follow-up, the number of Nav 3D CEUS examinations performed per patient was 3 (in 4 patients), 2 (in 20 patients), and 1 (in 48 patients). A total of 100 examinations with this new technique were performed from November 2006 to May 2007.

Spiral CT was considered the gold-standard imaging technique; MRI was performed in 11 cases in which spiral CT and Nav 3D CEUS results were discordant. Definitive diagnoses were based on spiral CT/MRI findings together with follow-up findings recorded during the 6 months following the study. Sensitivity, specificity, diagnostic

Figure 3 3D reconstruction of bi-dimensional spiral CT sequences (a) and bi-dimensional US sequences (b); the fusion technique allows superimposition of the two volumes, which display overlap precisely (c).
accuracy, and positive and negative predictive values (PPV and NPV, respectively) were evaluated. Differences between the techniques were evaluated with the chi-square (SPSS software, version 15).

The protocol for this study was approved by the Medical Research Ethics Committee of our hospital, and informed consent was obtained from all patients.

Results

Table 1 summarizes the findings obtained with the three imaging methods considered in this study. During the 6-month follow-up, 24 (33.3%) of the 72 patients (8 treated for one nodule, 3 treated for two nodules, 11 treated for...
three nodules, and 2 treated for four or more nodules) remained disease-free. 4 (5.5%) patients (3 treated for 1 HCC nodule, 1 treated for 3 nodules) developed local recurrence (LocRec) at the site of all treated tumors (total no. LocRecs = 6). 34 (47.2%) patients (29 treated for 1 HCC nodule, 5 treated for 2 HCC nodules) presented 1–3 new nodules located 2 cm or more from treated lesions (NewNods) (total: 49) during follow-up, and 10 (13.9%) others (each treated for >3 nodules) developed 4 or more new nodules (new multinodular disease, NewMulti).

Conventional US successfully detected 3/6 (50%) LocRecs, 29/49 (59.1%) NewNods, and 5/10 (50%) cases of NewMulti. In 4/5 cases, the NewMulti involved nodules less than 2 cm in diameter; the fifth patient had multiple nodules measuring more than 2 cm. The 3 LocRecs that were missed were located in segments II, IV, and VIII, and all measured less than 2 cm. The 20 NewNods that were not detected were outside the originally involved liver segments. Four of the 20 NewNods were limited to lesions less than 2 cm in diameter; 16 NewNods were ≥2 cm in diameter. One of these new lesions was more than 5 cm in diameter and had no prior well-defined treatments. The sensitivity of Conventional US was 3/34 (9%) for the detection of NewNods; the specificity was 29/30 (96.7%) for the detection of new and recurrent disease.

Conventional US was significantly more sensitive than spiral CT for detecting new and recurrent lesions (p < 0.001) but not significantly different from that of 3D NAV CEUS. In 20 cases, Conventional US detected 27 HCC nodules, whereas 3D NAV CEUS detected 39 HCC nodules. However, 3D NAV CEUS was not significantly better than CT for the detection of new lesions (p = ns).

### Table 1
Detection of new and recurrent HCCs by conventional US, spiral CT, and 3D NAV CEUS.

<table>
<thead>
<tr>
<th>diagnosis</th>
<th>True positive</th>
<th>True negative</th>
<th>False positive</th>
<th>False-negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Definitive diagnosis&lt;sup&gt;a&lt;/sup&gt;</td>
<td>49 NewNod</td>
<td>47 TrtNod</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Conventional US</td>
<td>10 New Multi</td>
<td>2 TrtMulti</td>
<td>20 NewNod</td>
<td>5 NewMulti</td>
</tr>
<tr>
<td>6 LocRec</td>
<td></td>
<td></td>
<td>3 LocRec</td>
<td></td>
</tr>
<tr>
<td>Nav 3D CEUS&lt;sup&gt;b&lt;/sup&gt;</td>
<td>29 NewNod</td>
<td>47 TrtNod</td>
<td>1 NewNod (yes)</td>
<td>3 NewNod</td>
</tr>
<tr>
<td>5 NewMulti</td>
<td>2 TrtMulti</td>
<td></td>
<td></td>
<td>1 NewMulti</td>
</tr>
<tr>
<td>3 LocRec</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiral CT</td>
<td>46 NewNod</td>
<td>47 TrtNod</td>
<td>1 NewNod (yes)</td>
<td>7 NewNod</td>
</tr>
<tr>
<td>9 NewMulti</td>
<td>1 TrtMulti</td>
<td></td>
<td></td>
<td>1 NewMulti</td>
</tr>
<tr>
<td>6 LocRec</td>
<td></td>
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</table>

Abbreviations: NewNod, number of new HCC nodules arising 2 cm or more from the margins of a treated lesion (calculated only for patients who developed <3 new nodules during follow-up); NewMulti, number of patients who developed new multinodular disease (>3 nodules) outside the originally involved liver segments. (The total number of new nodules was not calculated for this category); LocRec, number of local recurrences observed at the site of a treated tumor; TrtNod, number of treated nodules; TrtMulti, number of patients treated for multinodular HCC (>3 nodules).

<sup>a</sup> True negatives are expressed in terms of the number of treated nodules (TrtNod) that remained negative during follow-up or new HCC during follow-up for patients treated for 1–3 HCCs; for patients treated for 4 or more tumors, results are expressed as the number of patients treated who remained negative during follow-up for local recurrence or new HCC.

<sup>b</sup> Definitive diagnoses were based on spiral CT (plus MRI in some cases) and the results of 6 additional months of follow-up based on imaging and AFP levels.

<sup>c</sup> The diagnostic accuracy of 3D NAV CEUS was significantly better than that of conventional US (p < 0.001) but not significantly different from that of spiral CT (p = ns).
detected included 17 smaller than 2 cm and 3 with diameters between 2.0 and 2.5 cm. They were located in segment VIII (6 cases), segment IV (4 cases), segment V (3 cases), segment II (2 cases), or multiple segments (5 cases).

Spiral CT correctly detected all 6 LocRecs, 42/49 (85.7%) of the NewNods, and 9/10 (90%) cases of NewMulti (including one case characterized by the presence of small active nodules suspected solely on the basis of elevated AFP levels and diagnosed only by MRI). The 7 false-negative CT examinations involved 6 NewNods less than 2 cm in diameter and 1 measuring 3 cm. They were located in segment VIII (4 nodules) or segments IV, VI, or VII (one nodule each). 4 of the NewNods were located in segments different from those harboring the previously treated tumor; the other 3 were in the same segment as the original tumor. Spiral CT failed to detect one case of NewMulti characterized by nodules that were all less than 2 cm, and it erroneously diagnosed one arteriovenous malformation as a new HCC (this finding was confirmed to be a false positive by MRI findings and subsequent follow-up data).

3D Nav CEUS correctly detected all the LocRecs, 46/49 (93.87%) of the NewNods (Fig. 7), and 9/10 (90%) cases of NewMulti (Figs. 8 and 9), (the tenth case of NewMulti was the same one with false-negative findings on spiral CT). The 4 NewNods missed by 3D NAV CEUS included 3 that were less than 2 cm and one measuring 3 cm. Their segmental distribution was as follows: 2 nodules in segment IV and 2 nodules in segment VI. The single false-positive result recorded for Nav 3D CEUS involved the arteriovenous malformation mentioned above, which was also identified as a new HCC by spiral CT (as noted, this finding was confirmed to be a false positive by MRI and follow-up data). Twenty NewNods were visible on spiral CT but not on conventional US. Seventeen of these (85%) were detected by Nav 3D CEUS (Fig. 10).

As shown in Table 2, conventional US displayed low sensitivity (59.2%), high specificity (100%), and overall diagnostic accuracy of 73.6%. Spiral CT displayed better sensitivity (85.7%) and diagnostic accuracy (90.9%) that were, however, inferior to those observed with Nav 3D CEUS (sensitivity 93.9%, diagnostic accuracy 95.6%). Differences between conventional US and Nav 3D CEUS were statistically significant ($p < 0.001$), but the differences between spiral CT and Nav 3D CEUS were not ($p = ns$).

**Discussion**

The detection of HCC in patients with cirrhosis is generally based on conventional US and CT performed according to EASL [15] and AASLD guidelines [16]. The Nav 3D CEUS technique described here may be used instead of conventional US, and this approach may reduce the need for spiral CT during the post-treatment follow-up of HCC in cirrhotic livers.

3D US is a relatively new technique with demonstrated accuracy in volumetric assessment of the liver [7]. It does...
not provide real-time reconstruction, but it is capable of revealing a three-dimensional space similar to those provided by CT and MRI [7]. Thanks to these characteristics, 3D US [9,17] and 4D US [18,19] (that is real-time 3D US) have proved to be effective in US-guided biopsy of hepatic [9,17,18] and superficial [19] masses. Three-dimensional sonography has also been found to be useful during percutaneous ablation of liver cancers for visualization of expandable radio-frequency electrodes and the position of the applicator placement with respect to adjacent critical structures [20].

Conventional 3D US has three important disadvantages: the lack of contrast-enhanced imaging, the absence of panoramic visualization, and substantial operator-dependency. New US systems are now able to perform 3D reconstruction using contrast-enhanced imaging. This means that CEUS 3D reconstructions are based on the macro-and microcirculations. This makes it possible to

Figure 10  (a) Bi-dimensional acquisition plane of a female patient with elevated AFP levels and no evidence of new nodules on conventional US. Spiral CT revealed a small HCC in segment VIII. Nav 3D CEUS also detected the nodule. (b) The 3D reconstruction clearly revealed the nodule in the three different planes (red cross) and on the volumetric reconstruction. After PEI, the AFP levels normalized, and no new nodules were detected over the next six months.
detect the enhanced vascularity of an HCC during the arterial phase and the typical late wash-out that are seen with spiral CT/MRI. However, 3D reconstruction of US images is somewhat more complex since the various 2D slices are obtained manually (rather than in an automated manner) using conventional US. Image acquisition thus depends on the operator’s skills. In addition, the number of slices that can be obtained is infinite — one more slice is always feasible. Finally, the acquired volume has to be corrected in relation to the type of scanning.

To render the US scan more “panoramic” (it was impossible to perform an US scan of the entire liver in a few seconds during the arterial phase), we decided to perform single acquisitions of the liver parenchyma visualizing its “short” axis. The superimposition of the images acquired by scanning the liver through its long-axis allowed us to image the entire liver parenchyma during the arterial phase, in a manner similar to that offered by spiral CT.

New fusion (US and CT or MRI) and navigation systems for US have been developed for correcting US reconstruction of the liver in the three-dimensional space. They offer real-time guidance during RFTA of liver targets that cannot be visualized on US. Ohto and colleagues [21] showed that contrast-enhanced 3D fusion US makes it possible to display images combining the plane-shift and opacity-control modes, which reveal even minimal levels of blood flow within hepatic tumors in a 3D perspective and can be used to identify tumor-specific vascular flow patterns.

Virtual US (VUS) is a system that generates 3D images using thin sections obtained with multi-detector row CT and computer software, simulating images obtained using conventional US. Hirooka [22] first demonstrated that this approach is useful for visualization of HCC nodules that cannot be seen with conventional US. Virtual US was also a useful tool for US-guided treatment of HCC. The same group [23] concluded that it is both feasible and accurate [12]. With the navigator system, our group was able to reconstruct the whole liver during the arterial phase (typically 15–20 s) [14] from a single scan carried out along the long axis (from right to left). This tomographic approach is similar to that used in spiral CT, with the difference that the CT scans are carried out along the short axis of the organ (in a cephalocaudal direction).

We demonstrated that the Nav 3D CEUS connected to the navigation system is capable of detecting and characterizing new HCCs in a similar manner to spiral CT. This is the first demonstration that CEUS is able to detect HCCs during follow-up in patients with cirrhosis although CEUS detection of HCC is currently considered difficult because full surveillance of the whole liver is impossible [14].

Conclusions

3D NavCEUS can be used to detect and characterize HCC recurrence in cirrhotic patients in a manner similar to CT. This approach may reduce or even eliminate the need for spiral CT during the follow-up of these patients.

Conflict of interest statement

The authors have no conflict of interest.

References


